HOW TO HANDWASH



Follow These Steps for MAXIMUM BACTERIA REDUCTION



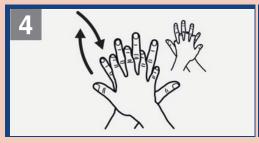
Wet hands with water



Apply enough soap



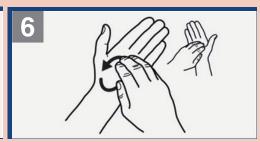
Rub hands palm to palm



Right palm over left dorsum with interlaced fingers and vice versa



Palm to palm with fingers interlaced



Rotational rubbing, backwards and forwards with claped fingers of right hand in left palm and vice versa



Rotational rubbing of left thumb clasped in right palm and vice versa



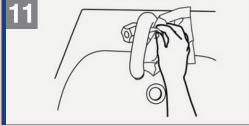
Scrub each wrist clasped in opposite hand



Rinse hands with water



Dry hands thoroughly with a single use towel



Use towel to turn off faucet



Your hands are now safe

When to wash your HANDS: After eating, smoking, coughing, sneezing, using toilet and when changing tasks

